



**KACHEMAK SWIM CLUB  
Final Fling - 2009**

**Sanction:** #3006 of United States Swimming and Alaska Swimming, Inc.

**HOSTED BY:** Kachemak Swim Club

**LOCATION:** Kate Kuhns Aquatic Center  
600 E. Fairview Homer, Alaska 99603

**DATES:** Friday July 10<sup>th</sup> –Saturday July 11<sup>th</sup>

**FACILITY:** Indoor, 25 yard, six lane pool. Colorado timing system with touch pads, one button/two watch back-up, six lane electronic timing display board, and horn/strobe start. This pool has not been certified in accordance with 104.2.2C

**TIMES:** Warm-ups Meet starts

Friday 4:45 pm  
Saturday 8:30 am.

First Event Start 6:00 pm  
First Event Start 10:00 am

**Warm-ups** in accordance with USAS warm-ups/warm-down procedures.

**COACHES MEETING:** 9:30 AM in Hospitality Room (Saturday)

**OFFICIALS MEETING:** 9:15 AM in Hospitality Room

**ELIGIBILITY:** Open to all swimmers currently registered with USA Swimming and Alaska Swimming. Any swimmer may swim in an open event as long as entry limit is not exceeded.

**Entry Limit:** Swimmers are allowed 6 individual events for the meet, not to exceed 4 events on Saturday or 2 events on Friday.

**Entry Fees:** \$3.00 per swimmer  
\$2.25 per individual event  
\$5.00 Facility Surcharge (per swimmer)  
\$5.00 per relay

**Entry Forms:** The list of events will be downloadable from the KSC website [www.kachemakswim.org](http://www.kachemakswim.org) and can be imported into Team Manager.

Meet Entries will be accepted in the Hy-Tek cfile cl2 format as an export from Team Manager. They may be sent on floppy disk or emailed as a zip file to [qkarndt@yahoo.com](mailto:qkarndt@yahoo.com). While electronic entries are preferable, manual entries will be accepted on the standard entry forms. Use the Consolidated Entry Sheet to group your swimmers by age and sex and be sure to use the 14 digit USA

Swimming Identification Numbers. Meet Fees should be included with verification form for coaches and swimmers.

**RULES:**

1. Current USA Swimming and Alaska Swimming rules shall govern this meet.
2. This will be a pre-seeded meet.
3. All events will be timed finals.
4. No team or individual high point scores will be kept.
5. U.S.A. Swimming and A.S. warm-up guidelines will be enforced.
6. Events may be combined. Combined events will be awarded separately by age or gender
7. Swimmers may swim up to 2 (two) individual events on Friday and 4 (four) Individual events on Saturday.

Disabled swimmers are encouraged to participate. Coaches should include with the team entries a copy of the Information Form for Disabled Swimmers (available on the ASI website), specifying the special needs of any adoptive swimmer(s) as well as request for non-standard entries to the attention of the Meet Director, Quinten Arndt

**Awards:** Ribbons will be awarded for 1<sup>st</sup> through 6<sup>th</sup> place.

**Housing:** We can work with teams in securing hotel reservations if needed, or arranging suitable camping locations.

**No smoking allowed on KPBSD grounds**

**Contacts:**

**Entries:** Quinten Arndt  
(907) 399-1999  
[qkarndt@yahoo.com](mailto:qkarndt@yahoo.com)

or

**Head Coach:** John Bittner  
KSC- Box 578  
Homer, AK. 99603  
jbittner@xyz.net  
(907)235-7264

**Safety Officer** Tara Schmidt

**Head Referee** Barrett Fletcher

**Entry Deadline:** Email entries directly to the meet manager, Quinten Arndt. [qkarndt@yahoo.com](mailto:qkarndt@yahoo.com). Entries must be received no later than noon on Wednesday, July 8, 2009

Mail entries to KSC, PO Box 578 Homer, AK 99603. All entries must be postmarked no later than Thursday July 2, 2009.

Meet fees due day of the meet, make checks payable to: **Kachemak Swim Club**.



**2009 FINAL FLING EVENT LIST**  
 July 10-11 @ Kate Kuhns Aquatic Center  
 601 E. Pioneer Ave Homer, AK

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>	<b>AGE</b>
	<b>FRIDAY EVENING</b>		
1	500 FREE	2	Open
3	200 BREAST	4	Open
5	200FLY	6	Open
7	400 IM	8	Open
9	200 FREE	10	Open
	<b>SATURDAY</b>		
11	100 Medley Relay	12	8 & Under
13	200 Medley Relay	14	Open
15	100 IM	16	12 & Under
17	200 IM	18	Open
19	25 FREE	20	8 & Under
21	50 FREE	22	Open
23	100 FREE	24	Open
25	25 BACK	26	8 & Under
27	50 BACK	28	12 & Under
29	100 BACK	30	Open
31	25 BREAST	32	Open
33	50 BREAST	34	8 & Under
35	100 BREAST	36	12 & Under
37	25 FLY	38	Open
39	50 FLY	40	12 & Under
41	100 FLY	42	8 & Under
43	200 BACK	44	12 & Under